

SELF-DEVELOPMENT | SELF-DISCOVERY | SELF-DEFENSE

(770) 271-7800

Gracie Jiu-Jitsu • Wing Chun
Jeet Kune Do • Thai Kickboxing • Weapons Training



Unleash your potential

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Kid's Jing Mo Class (6-14 yrs) 5:15 pm—6:00 pm</p>		<p>Kid's Jing Mo Class (6-14 yrs) 5:15 pm—6:00 pm</p>		<p>Kali/Escrima 10:00 am—10:45 am</p>
<p>YOGA 6:25pm - 7:30pm</p>	<p>Kids Jiu-Jitsu Class (8-16 yrs) 6:00 pm—6:45 pm</p>	<p>Reserved for Private Lessons</p>	<p>Kids Jiu-Jitsu Class (8-16 yrs) 6:00 pm—6:45 pm</p>		<p>Jing Mo Kuen/JKD 10:45 am—11:30 am</p>
	<p>Jing Mo Kuen/JKD 6:45 pm—7:30 pm</p>		<p>Wing Chun Kung Fu 6:45 pm—7:30 pm</p>		<p>Gracie/Brazilian Jiu-Jitsu 11:30 am—12:30 pm</p>
	<p>Gracie/Brazilian Jiu-Jitsu 7:30 pm—8:30 pm</p>		<p>Gracie/Brazilian Jiu-Jitsu 7:30 pm—8:30 pm</p>		

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www.PhoenixMartialSystems.com OR www.GA-BJJ.Com